



vision

Alzheimer's Disease Taskforce

Training and Workforce Development

Iowa Respite and Crisis Care Coalition

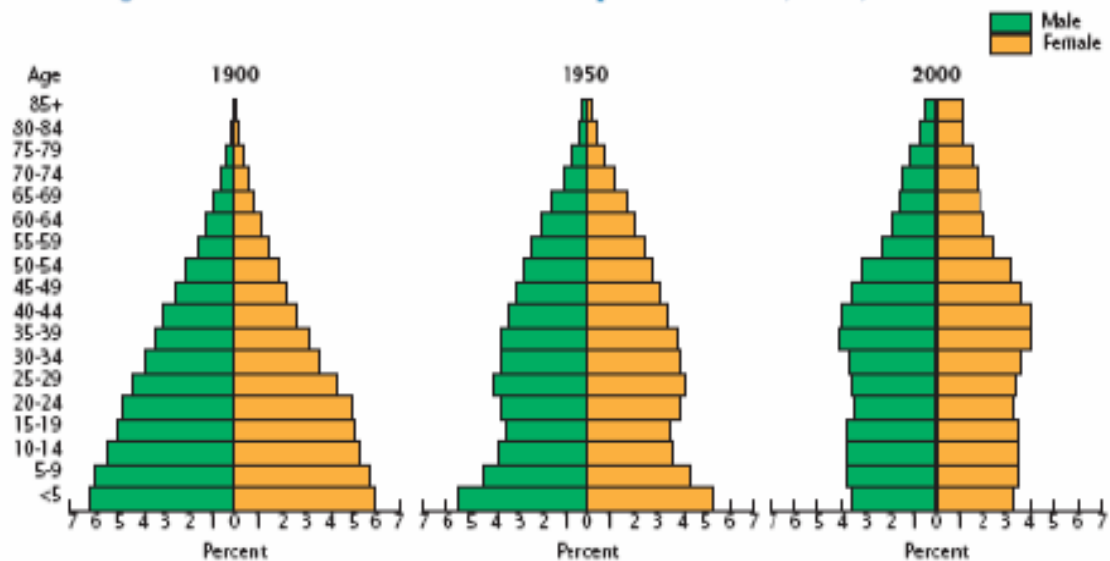
Demographic Transition

Demographic Transition in the US: Shifting Age Composition Since 1900



Figure 2-2.

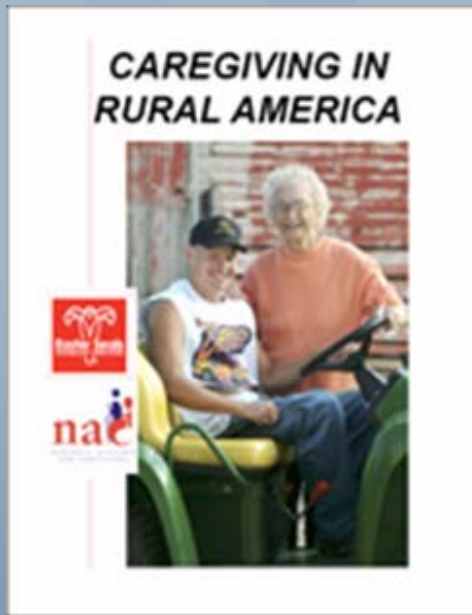
Age and Sex Distribution of the Total Population: 1900, 1950, and 2000



Source: U.S. Census Bureau, decennial census of population, 1900, 1950, and 2000.

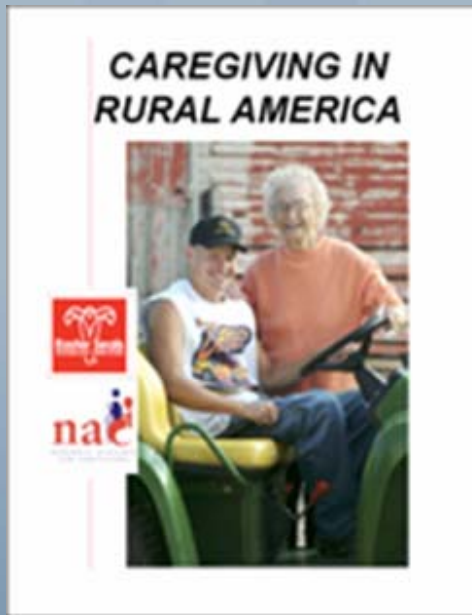
From Bureau of the Census. 2002. *Demographic Trends in the 20th Century*. Washington, DC: Bureau of the Census.

Who is the Care Giver?



- The typical caregiver is a 46 year old female
- 59% of caregivers work part-time or full time
- Most provide 21 hours of care a week
- For information 29% turn to the internet, 28% to their doctor
- For support 73% turn to prayer

Who is the Care Recipient?



- More care recipients are female (65%)
- 80% are over the age of 50
- More than half, live alone (53%)
- For those who do not live with caregivers 55% live in their own home
- The largest group of recipients are the caregiver's mother 34%

Report on Rural Care Giving



- 44.4 million care for someone over the age of 18
- 14% of rural caregivers and 20% of recipients are veterans
- Unique challenges face caregivers in rural areas
- Isolation, limited personal resources and limited health delivery systems strain care

**Comparison of Selected Statistics Among
Caregivers-Rural, Suburban, and Urban**
From the 2004 National Alliance for Caregiving and AARP Survey
(Single decimals rounded to the nearest whole number.)

CHARACTERISTIC	RURAL	SUBURB	URBAN
<u>Marital and military status</u>			
Married	64%	56%	50%
Living with a partner	6%	6%	6%
Never married	11%	17%	26%
Widowed	6%	7%	5%
Divorced/separated	14%	15%	14%
Veteran	14%	15%	13%
<u>Employment and income</u>			
Working full-time or part-time during the period in which they provided care	54%	62%	57%
Had to take time off and/or leave job early to provide care	56%	54%	62%
Had to take leave of absence to provide care	18%	15%	18%
Went from fulltime to part-time job to provide care	8%	9%	12%
Turned down promotion to provide care	4%	5%	5%
Took early retirement to provide care	3%	3%	3%
Lost some job benefits to provide care	6%	4%	5%
Gave up job entirely to provide care	8%	4%	8%
Has an annual income under \$15,000	11%	4%	9%
Has an annual income over \$110,000	11%	22%	14%
Caregiving presents a moderate to great financial hardship	27%	19%	23%
<u>Amount of care provided</u>			
Provided care for 10 years or more	14%	14%	14%
Provided care for 1-9 years	45%	44%	51%
Provided care for 1 year - 6 months	18%	18%	17%
Provided care for less than 6 months	23%	23%	18%
Spends an average of 21 hours/week providing care	21%	24%	26%
Spends more than 40 Hours/week providing care	19%	16%	0%
<u>Education</u>			
Report graduation from college or graduate school	27%	42%	37%
<u>Living & care service arrangements</u>			
Has children/grandchildren under 18 living with them	41%	40%	28%
Lives in same household as care recipient	25%	22%	25%
Uses an aide or nurse through an agency or service	22%	24%	25%
Uses other paid help (i.e., not an aide, nurse, or housekeeper)	8%	13%	16%
Uses transportation services	29%	34%	38%
Uses an outside service to deliver meals	13%	11%	10%
Finds providing care not stressful	30%	27%	25%
Finds providing care very stressful	21%	17%	18%
<u>Personal supports</u>			
Needs more help or information in balancing work and family responsibilities	26%	28%	33%
Turns to prayer as means of support	78%	70%	71%
Takes part in a support group	6%	8%	9%
Makes use of respite services	4%	5%	5%
Makes use of adult day centers	3%	6%	8%
Needs help in or information about knowing how to talk to doctors	17%	20%	28%
Uses the Internet to gather information	25%	37%	37%

Rural vs. Urban
and Suburban



Iowa has challenges

- 77% of counties have fewer than 27,000 people
- 2nd oldest state with people over age 85
- Families wait up to one year to receive services
- Families can not find providers
- When providers are found they have fewer than 6 hours of training

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Providers in Iowa

- Serve massive geographic regions
- Complain that current training requirements are too stringent
- Have started terminating services for families that have complicated cases
- Place emphasis on growth and little on quality improvement



Iowa Respite and Crisis Care Coalition

- Has been in business for the past 19 years
- Serves families throughout the entire state
- Provides respite and crisis care services
- Realized last year that it needed to change

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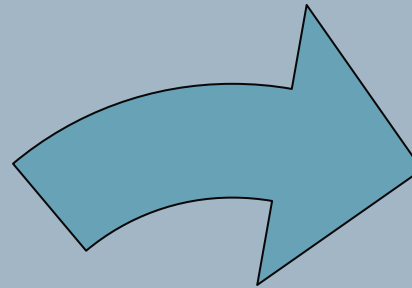
Iowa Respite and Crisis Care Coalition

- Studied families and providers
- Rebuilt its strategic plan
- Has designed a new internet based training system
- Is working with a University to develop Christian Caregiving Course
- Is in the development stage of a new caregiver/provider referral system with global possibilities

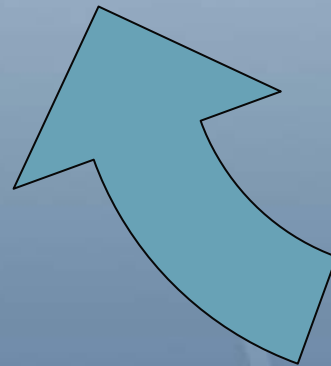


Growing the Workforce

Services
are funded
that meet needs



Providers
are trained and supported
on evidenced based
practices



Caregivers
find certified
providers easily





Training for all providers

- Nationally accredited
- Grossly exceeds minimum state requirements
- Is accessible 24 hours per day from computer
- Is linked with additional provider resources

Course Title (click title to view description)	Credit Hours
<input checked="" type="checkbox"/> Abuse	1
<input checked="" type="checkbox"/> Alzheimers Disease	4
<input checked="" type="checkbox"/> Client Rights	2
<input checked="" type="checkbox"/> Client Transfers	1.5
<input checked="" type="checkbox"/> Confidentiality and HIPAA	2.5
<input checked="" type="checkbox"/> Coordinating Primary Care Needs of People with SMI	4
<input checked="" type="checkbox"/> Environmental Safety	2
<input checked="" type="checkbox"/> Infection Control Part 1	2
<input checked="" type="checkbox"/> Medication Administration	2
<input checked="" type="checkbox"/> Overview of Mental Health Issues in Older Adults	3
<input checked="" type="checkbox"/> Patient Safety	2
<input checked="" type="checkbox"/> Recognizing EPS and Tardive Dyskinesia	1.5
<input checked="" type="checkbox"/> Recognizing Substance Abuse in Older Adults	4
<input checked="" type="checkbox"/> Therapeutic Boundaries	1.5
<input checked="" type="checkbox"/> Therapeutic Communications	2
<input checked="" type="checkbox"/> Understanding Elder Abuse for Direct Care Workers	3
Package Total: \$175.00	

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SEARCH RESULTS

DES MOINES, IA

SORT BY

Volunteers

2 - 2 First < Previous Next Last >

HELPFUL TIPS

Choose providers with a clear background check...[More](#)

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Spend time getting to know providers online before allowing them in your home...[Learn how](#)

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If you are not getting many responses, try expanding your search...[Here's How](#)

Helping Families, One Nail at a Time!



Jim

Des Moines, IA
Volunteer Ramp Construction

Report card A+ [More](#)

My grandfather died of Alzheimer's last year and he needed a ramp into his home. Working on the farm helped me be handy and I would be happy to help you build a ramp as long...[More](#)

The Grocery Getter!



Mary Lou

Grimes, IA
Volunteer Errand Runner

Report card C+ [More](#)

I like to help help help...looking for something to do while my kids are in school, happy to run errands, or pick up groceries for you. My children come first, but I can help when I have...[More](#)

The future....



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Iowa Respite and Crisis Care Coalition

We value care that is supportive, loving, kind, gentle, compassionate, helpful, attentive, thoughtful and safe